



FasTrak Coach O High School Indoor Challenge February 4, 2023

Location: Yeoman Fieldhouse, University of Houston Athletics/Alumni Center, 3204 Cullen, Houston, TX.

Licensed by: Amateur Athletic Union (AAU)

Host: Coach O Event Management

Eligibility: This meet is open to any athlete that falls within the age divisions listed below. AAU individual and club memberships can be obtained through the AAU National Website www.aausports.org. Each athlete aged **13-18 years** may enter in up to a **maximum of 4 events including relays**. *If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.*

Age Division: Age divisions are determined by year of birth. Listed below are the AAU Age Divisions.
14 Year Old Girls/Boys (Born 2009) Maximum 4 Events including relays
15-16 Year Old Girls/Boys (Born 2007-2008) Maximum 4 Events including relays
17-18 Year Old Girls/Boys (Born 2005-2006) Maximum 4 Events including relays

Meet Entry Fee: FIRST 500 PAID ENTRIES ONLY

Early Bird Entry fee is \$30.00 for each athlete (5-18) until January 25th and will be \$40.00 for Track & Field Events until the Deadline February 1st. All members of relay teams, including alternates, who have not entered an individual event, must pay a Early Bird fee of \$30.00 until January 25th and \$40.00 until the Deadline February 1st. ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. ALL ENTRY FEES MUST BE PAID ONLINE. Entry will not be processed unless entry fee is paid by the deadline. All major credit cards accepted online. Bring a legible copy of a birth certificate or proof of age, along with a 2023 AAU membership card for each athlete entered; Do not send in advance.

Open & Masters Early Bird Entry fee is \$55.00 for each athlete (19-105) until January 25th and will be \$65.00 for Track & Field events until the Deadline February 1st. All members of relay teams, including alternates, who have not entered an individual event, must pay a Early bird fee of \$55.00 and \$65.00 until the Deadline of January 25th. ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. ALL ENTRY FEES MUST BE PAID ONLINE. Entry will not be processed unless entry fee is paid by the deadline. All major credit cards accepted online. Bring a legible copy of a birth certificate or proof of age, along with a 2023 AAU membership card for each athlete entered; Do not send in advance.



Entry Process:

All teams and unattached athletes must utilize the online entry process via CoachO.com. This will permit a very efficient registration process that is easy to use. Immediately after registering online, you will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving in Houston, TX if possible.

Deadline Date **FIRST 500 PAID ENTRIES ONLY**

Packet Pickup:

Friday, February 3, 2023, 3:00PM – 6:00PM – Hyatt Place Houston Downtown, 1114 Texas Ave, Houston, TX

A packet will be provided for each team consisting of team roster and events entered. A team representative will be responsible for picking up the packets. All teams are urged to pick up packets on Saturday as the lines on Sunday can be long.

Packets can be picked up at the track facility on Saturday, February 4th from 7:00AM-12:00PM.

Admission:

\$12 per person. SPECTATOR TICKET SALES LINK

https://coachoregistration.com/dbi-bin/buytickets.pl?Meet_Id=fascoaoyou2208

(Children 4 and under will be admitted free) Athletes must show bib number to enter free.

All coaches will receive **one free pass for 4 athletes**, **two free passes for 5 to 15 athletes** and **three free passes for 16 or more athletes** in their packet.

Facility:

- ❖ The FasTrak Athletix T&F Surface is a IAAF Certified, (one of only two in the United States).
- ❖ 200 Meter banked Track (10 degrees) with 6, 39-inch lanes.
- ❖ The infield Consists of 8, 42 inch lanes for 60meter hurdles & sprints Horizontal jump runways, 2 pole vault Runways Pits & 2 High Jump pits, that are Contested on the sprint straightaway.

Implements: You must bring your own implements and relay batons to compete. There will not be any house implements or relay batons to share. However, all implements must be weighed in and approved.

Uniforms: **Bare midriffs are not allowed.** If the uniform is of a two-piece design (top and bottom), the top must either be tucked into the waistband or cover the waistband when the athlete is standing erect

Awards Area

In individual and relay events, medals will be presented for participants who finish 1st – 3rd place, competitors will come

- pick up their medals at the designated area. Individual photo opportunities will be available in a socially distanced set-up.
- Athletes and their families will be required to leave the area after medals are received and photos taken.

Refreshments:

- Concession Stand will be open.

Results:

Results will be posted online at www.coacho.com



Competitor Bib Numbers:

- All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the clerking area.

Protests:

- Protests concerning the status or eligibility of any competitor must be made to the AAU Track & Field Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case, not more than 30 minutes after the result has been announced. Protests MUST be filed in writing and presented to the Meet Director accompanied by a cash deposit of \$100.00. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. **PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.**

Host Hotel - TBD

Temporary Schedule



RUNNING EVENT SCHEDULE- HIGH SCHOOL February 4, 2023

All Running events will start at the designated time listed. Listen to announcements and check-in to the designated check-in area for your event at least 30 minutes early. Any athlete that does not check-in before their schedule heat is run will be scratched from the event. All Field Events will follow schedule below. **This is a rolling schedule.** Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the **Field Event Official – ONLY** - at the appropriate time. **Field Event athletes will have 10 minutes to report back to their Field Event after their running event** and be ready to compete.

***IF THERE ARE ONLY ENOUGH PARTICIPANTS FOR ONE HEAT AFTER SEEDING THAT HEAT WILL BE AUTOMATICALLY MOVED TO THE FINALS.**

Time	Rolling Schedule
9:00AM	
	60 Meter Hurdle - Prelims
	60 Meter Dash - Prelims
	3000 Meter Run – Timed Final
	60 Meter Hurdles - Finals
	60 Meter Dash - Finals
	1600 Meter Run – Timed Final
	4x200 Meter Relay – Timed Final
	400 Meter Dash – Timed Final
	800 Meter Run – Timed Final
	200 Meter Dash – Timed Final
	4x400 Meter Relay – Timed Final



FIELD EVENT SCHEDULE – HIGH SCHOOL
February 4, 2023

Field Events will be contested with trials & finals in jumps or throws
Final Field Event Schedule will be posted after the close of entries

Field Event Schedule								
	Long Jump 1		Long Jump 2	High Jump		Shot Put		Pole Vault
Time	8:00am		8:00am	12:00am		8:00am		9:00 am
	15 -16G		15-16B	15 -16G		15-16G		15-16G
				17-18G				17-18G
				Open/Masters		Shot Put		Open/Masters
						10:30am		
						17-18B		
Time	11:00pm		11:00pm	3:00pm		Shot Put		12:00pm
	17-18G		17-18B	15-16B		1:00		15-16B
	Open/Masters			17-18B		17-18G		17-18B
	Triple Jump 1:30		Triple Jump 1:30			Open/Masters		Open/Masters
	15-16G 17-18G		15-16B 17-18B			Shot Put		
	Open/Masters		Open/Masters			3:30		
						15-16B		